



SUBARU/LEAVE NO TRACE TRAVELING TEAMS WORKSHOP TYPES & OFFERINGS

Workshops led by the Subaru/Leave No Trace Traveling Teams include any formal Leave No Trace program one-day or less in length. Leave No Trace experiential workshops typically range from one to three hours and can be stand-alone offerings or built into other classes, staff training, amphitheater programs, etc. They are offered free of charge to groups of all ages and backgrounds, ranging from land managers, outdoor professionals, volunteers, and educators to college students, families, youth, recreation user groups, and more.

WORKSHOP CONTENT

Depending on the program length, audience, and focus, workshop topics may include all or some of the following:

- Overview of the Leave No Trace Seven Principles, guidelines, and practices, including outdoor ethics discussion and/or Leave No Trace in Daily Life.
- Interactive presentations, activities, and discussions focused on Leave No Trace skills and ethics that apply from the backyard to the backcountry.
- Programs and resources of the Leave No Trace organization and ways to get more involved.
- How to teach and communicate Leave No Trace content and curriculum to adults and/or youth in a variety of settings.
- Leave No Trace content tailored to specific environments or recreational activities.

WORKSHOP TYPES

LEAVE NO TRACE SKILLS & ETHICS – INTRODUCTORY OR REFRESHER/MID-LEVEL (1-2 HOURS):

- Overview of Leave No Trace principles that protect the outdoors while minimizing our impacts on the land, soil, vegetation, water, wildlife, cultural resources, and other individuals.
- Leave No Trace guidelines to practice, promote and share whether in the backcountry, front country, your favorite local parks and natural areas, or in your everyday life.
- Programs and resources of the Leave No Trace organization and ways to get more involved.
- Area/activity-specific content (e.g., mountain biking, canoeing, deserts, coastal, etc.) can be included upon request.
- Mid-level or “refresher” workshops can include additional emphasis on Leave No Trace updates, research and resources, or more in-depth information on activity or regionally-specific content.

Minimum group size: 12 (in-person or virtual)

Maximum group size: up to 50 (in person), 300-1000 (virtual, depending on Zoom meeting or webinar)

EFFECTIVE COMMUNICATION OF LEAVE NO TRACE (2-3 HOURS*)

Designed for those with previous knowledge of Leave No Trace who interact with park and public land visitors or work on messaging and communications (e.g., rangers, interpreters, naturalists, guides/outfitters, friends' groups, volunteers, communications specialists, etc.). NOTE: Participants who are new to Leave No Trace or have not had Leave No Trace training in recent years are encouraged to participate in a Leave No Trace introductory program or complete the self-paced (~30 min.) Leave No Trace 101 Online Course in advance: <https://learn.lnt.org/courses/101>

Depending on the audience, program length, and site-specific focus, topics may include:

- **Overview of Leave No Trace Principles, Practices, and Ethics:** Through interactive activities and discussion, participants will explore both the *hows* and *whys* behind the importance of practicing Leave No Trace.
- **Effective Communication:** What we say is as important as how we say it, and effective communication is key to breaking down barriers to opposition and providing a space for others to feel receptive to our message.
- **Steps of the Recreation Experience:** Understanding the various stages of an individual's recreation experience and where in that process an individual may be when encountered can help best frame the conversation from a perspective that is both empathetic and most meaningful.
- **Authority of the Resource Technique (ART):** This technique routinely serves as a proven method of changing behavior through deemphasizing regulation in favor of education about the natural world. Participants will learn ways to generate clear, succinct, and focused social and ecological reasons for individuals to engage in practices that help avoid impacts.

*The standard Effective Communication of Leave No Trace workshop lasts 3 hours in person, 2 hours virtual. Depending on the audience, this workshop can include either greater emphasis on field-based interactions with the public (e.g. for land managers or others in a position to utilize ART) or an additional focus on online/print communications and messaging (e.g. for those who work on signage, web-based or social media content, etc).

Minimum group size: 12

Maximum group size: 40 (in-person; group size of 25-30 allows for greater participation), 300-1000 (virtual, depending on Zoom meeting or webinar)

- Virtual workshops with 12-40 participants will include features such as a collective workspace, interactive Google slides, and potential breakout rooms.

- Virtual workshops with 40+ participants will include interactive polls and opportunities for "chat" questions but will be more webinar/presentation style.

LEAVE NO TRACE FOR OUTDOOR LEADERS: TEACHING TOOLS FOR RESPONSIBLE RECREATION (1.5 - 2 HOURS)

- Designed for outdoor educators, guides, adventure program trip leaders, and park and recreation staff who will gain skills and knowledge to incorporate Leave No Trace into their work as well as teach Leave No Trace to all experience levels and in varied environments. NOTE: Participants who are new to Leave No Trace or have not had Leave No Trace training in recent years are encouraged to participate in a Leave No Trace introductory program or

complete the self-paced (~30 min.) Leave No Trace_101 Online Course in advance:

<https://learn.lnt.org/courses/101>

- Overview of Leave No Trace principles, practices, and ethics, including both the *hows* and *whys* behind the importance of practicing Leave No Trace.
- Leave No Trace guidelines to practice, promote and share whether in the backcountry, front country, your favorite local parks, or in your everyday life.
- Tips, tools, and best practices for effectively communicating and teaching Leave No Trace to others (both online and in-person), including interactive activities and techniques such as Authority of the Resource, if applicable.
- Programs and resources of the Leave No Trace organization and ways to get more involved.
- Area/activity-specific content (e.g., mountain biking, canoeing, deserts, coastal, etc.) can be included upon request.

Minimum group size: 12 (in-person or virtual)

Maximum group size: 50 (in person), 300-1000 (virtual, depending on Zoom meeting or webinar)

YOUTH LEADER/EDUCATOR TRAINING (1.5 - 2 HOURS)

- Designed for teachers, guides, camp staff, and other full-time/seasonal youth educators interested in teaching kids how to enjoy the outdoors responsibly. NOTE: Participants who are new to Leave No Trace or have not had Leave No Trace training in recent years are encouraged to participate in a Leave No Trace introductory program or complete the self-paced (~30 min.) Leave No Trace 101 Online Course in advance:
<https://learn.lnt.org/courses/101>
- Best practices for effectively reaching youth with Leave No Trace, including fun and interactive games and activities educators can use, whether online or in person, to teach students, campers, and other youth participants (ages 6 to 18) how to Leave No Trace.
- Activities may include resources from Leave No Trace's website, Bigfoot's Playbook, PEAK, TEEN program, and Social Media + Stewardship.

Minimum group size: 12 (in-person or virtual)

Maximum group size: 50 (in person), 300-1000 (virtual, depending on Zoom meeting or webinar)

YOUTH WORKSHOPS (30 MINUTES - 2 HOURS)

- Hands-on educational workshop or engaging virtual workshop using an interactive approach to teach youth between the ages of 8 and 18 (grades 3 and up) how to enjoy the outdoors responsibly. Geared toward schools, afterschool programs, camps, various youth-serving organizations, and Scouts.
- Activities and material covered are tailored to the participants based on age/grade, environment, knowledge/experience in the outdoors, and explore the what and why behind Leave No Trace through games, activities, and educational resources from Bigfoot's Playbook and PEAK.
- Youth program content, length, and additional considerations (e.g. group size, setting, adult assistance and participation, etc.) will be discussed in advance with prospective hosts.

LEAVE NO TRACE SKILLS COURSE (8 HOURS)

Participants taking the one-day Leave No Trace Skills Course learn Leave No Trace skills and ethics and have several opportunities to practice these low-impact techniques during the course. Skills Courses presented by a Leave Trace Traveling Team typically occur over one intensive full day and involve spending more than half of the course outdoors. Leave No Trace Skills Course graduates are prepared to discuss the Leave No Trace principles with others and to practice low-impact skills and techniques in future endeavors. The course includes:

- Overview of Leave No Trace principles that protect the outdoors while minimizing our impacts on the land, soil, vegetation, water, wildlife, cultural resources, and other individuals.
- Leave No Trace guidelines to practice, promote and share whether in the backcountry, front country, your favorite local parks and natural areas, or in your everyday life.
- Team-led hands-on activities that teach participants Leave No Trace skills for each Principle.
- An Action Planning process to encourage participants to get outside and use their new skills.

Minimum group size: 4 (in-person)

Maximum group size: 12 (in person)

SPECIALIZED OFFERINGS

Additional workshop/program types can be developed and offered upon special request, with adequate advance notice, and depending on group size. Priority is given to Leave No Trace partners and/or hosts who can help Leave No Trace reach new audiences or ensure a minimum number of participants. These programs work well as public outreach, youth education, or other community-focused programming and can take place in person or virtually.

Examples include:

- Leave No Trace Trivia Night/Hour - interactive "quiz" style, with Leave No Trace education and information included throughout.
- Thematic workshops with titles such as:
 - ***The Four Ps: Pee, Poop, Periods, and Personal Hygiene***
 - ***Leave No Trace: The Rotten Truth About Trash***
 - ***Plan Your Best Trip Ever with Leave No Trace***
 - ***Leave No Trace in the Pacific NW: Protecting the Enchantments and Beyond***
- DIY Leave No Trace Project(s) - e.g. How to Make a Leave No Trace FOPO (Fear of Packing Out) Bag
- Mini-workshop/activity to kick off a stewardship project (e.g., Trash Timeline & Dispose of Waste Properly before a cleanup)

Additional Workshop Information:

- All workshops include time for Q & A.
- Attendees will be encouraged to participate in activities (in-person or via audio or video interaction), and workshops may include small group exercises/breakouts.
- Subaru/Leave No Trace Traveling Teams can also be available for panel discussions, conference sessions, interviews, guest speakers, etc.
- Virtual Workshop considerations:
 - Workshops with 12-40 participants will include features such as a collective workspace, interactive Google slides, and potential breakout rooms.
 - Workshops with 40+ participants will include interactive polls and opportunities for “chat” questions but will be more webinar/presentation style.
 - Live captioning and audio transcripts are available for virtual programs upon advance request.
 - Virtual workshops are typically set up on the Leave No Trace organization’s Zoom account, with Leave No Trace handling RSVP/registration logistics, but hosts can use their own systems or platforms if required.
 - Virtual workshop participation and engagement can be more effective if attendees log on *individually* as opposed to groups congregating and viewing the program together in one location.

Learn more about the Subaru/Leave No Trace Traveling Teams and the full range of Team-led training, educational programs, and outreach opportunities at:

[LNT.org/Subaru-Leave-No-Trace-Teams/](https://lnt.org/subaru-leave-no-trace-teams/)

Submit a Leave No Trace program request: [LNT.org/request-a-program/](https://lnt.org/request-a-program/)