



## SUBARU/LEAVE NO TRACE TEAMS

### LEAVE NO TRACE LEVEL 1 INSTRUCTOR COURSE

**DESCRIPTION:** A Leave No Trace Level 1 Instructor Course is a modified version of the five-day Leave No Trace Level 2 Instructor Course. Like Level 2 Instructor Courses, two-day Leave No Trace Level 1 Instructor Courses emphasize skills and techniques essential to Leave No Trace minimum impact outdoor ethics and education. This course is designed for individuals who will be teaching Leave No Trace Skills Courses and Workshops and providing general Leave No Trace outreach. Through classroom discussions, lectures, interactive activities, and a two-day outing, this course will cover the Leave No Trace 7 Principles, discuss outdoor ethics, and give participants tools and techniques for disseminating Leave No Trace skills to others.

#### **COURSE INFORMATION:**

**BEGINS:** 9AM on Day 1

**ENDS:** 4PM on Day 2

**COURSE COSTS:** \$125 Per Person for Leave No Trace Community Partners (at \$300 level or higher)/\$150 Per Person for non-partners. Includes dinner on Day 1, breakfast and lunch on Day 2, educational materials for the course, and a one-year membership to Leave No Trace. Note: The logistics of some courses may need to be adjusted depending on host needs. Some courses may not include the overnight portion and/or

**DEPOSIT POLICY:** All Level 1 Courses to be taught by the Traveling Teams are subject to a \$250 deposit, to be paid by the event host at the time the course dates are confirmed. Course dates cannot be held without payment. Cancellation of a course at least 60 days prior to the course will net a full refund, however cancellation less than 60 days out will result in a forfeiture of the deposit. You will receive an invoice to secure the \$250 deposit, which can be applied to participant costs, or will be returned to you following the course.

**GROUP SIZE/YOUTH POLICY:** Minimum of 5 participants and a maximum of 12. This includes a 3:1 youth to adult ratio policy. Any course participant under the age of 18 is required to have an adult chaperone who is a paid participant on the course and whom agrees to be in charge of that youth.

**REGISTRATION DEADLINE:** The cutoff date for meeting the minimum number of participants is two weeks before the course start date.

**CURRICULUM:** A Leave No Trace Level 1 Instructor Course emphasizes skills and techniques essential to Leave No Trace minimum impact outdoor ethics and education. As stated in the *Leave No Trace Release Form*, Leave No Trace courses do not teach basic travel, camping, or other outdoor skills, nor do they provide outdoor instructor certification.

### **Core Components of the Level 1 Instructor Course Curriculum:**

1. A minimum of 16 total hours of experiential instruction, 10 hours of which must be conducted in the field. One night camping is strongly recommended but not required.
2. The role and function of a Leave No Trace Level 1 Instructor.
3. The principles and ethics of Leave No Trace.
4. Teaching skills and techniques and student learning styles.
5. One teaching session led by each participant.
6. Overview of the national Leave No Trace program.
7. The role and function of the Leave No Trace organization.

**TEACHING SESSION:** Graduates of the Level 1 Course are equipped to teach others the Leave No Trace 7 Principles through Skills Courses and Workshops of any length. In order to better equip instructors to meet this expectation, each participant will teach one 5-10 minutes long lesson in the field during this Leave No Trace Course. This provides a hands-on learning experience and the chance to practice Leave No Trace teaching strategies in a supportive, educational environment. Teaching session topics will be assigned in advance, and information to assist with session preparation will be sent to participants.

**COURSE COMPLETION:** Upon completion of a Leave No Trace Level 1 Instructor Course, each participant will become a Leave No Trace Level 1 Instructor and receive a certification certificate. Completion of the course requires participation in all course activities and teaching exercises. Those who complete the Level 1 Instructor Course are equipped to:

- Facilitate Leave No Trace Skills Courses and Workshops.
- Understand, demonstrate, and teach Leave No Trace minimum impact techniques to others.
- Lead a discussion on outdoor ethics and help others explore their own outdoor ethic.
- Serve as a co-instructor for Leave No Trace Level 1 Instructor Courses with a qualified Level 2 Instructor.

**SAFETY:** As participant safety is a high priority for all courses, procedures and policies have been developed to attempt to limit participant risk. Participants are expected to work with staff to reduce risks and make the experience successful for all. In case of an emergency, course instructors are trained in wilderness first aid, carry first-aid kits, and follow a comprehensive Emergency Action Plan. Despite such steps, participants should be aware that there are risks associated with outdoor adventure activities, including but not limited to cooking and camp chores, adverse weather and environmental conditions, remote locations of our trips, and transportation in vehicles, on foot, by boat, or on a bike. Please carefully read and sign the *Participant Acknowledgement and Assumption of Risks and Release and Indemnity Agreement* and call if you have any questions. Participants' understanding of these risks and adherence to our policies and procedures can contribute to making this experience rewarding.

**HOST RESPONSIBILITIES:** As the host of this Instructor Course, we rely on you for the following items:

- Inviting and securing participants.
- Securing a classroom space (with electricity) for the morning of Day 1.
- Securing a basecamp style campground or outdoor location to be used for the remainder of the course. The host is responsible for acquiring any permits necessary for the camping portion of the course, if applicable.
- Collecting participant payment/registration prior to the course.
- Communicating with Leave No Trace staff in a timely manner when they reach out regarding course logistics and planning questions.