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To minimize food waste, try not to cook more food than you will eat.

Okay! This is a great way to reduce food waste that you would have to otherwise pack out and throw away.

A great way to minimize food waste is to prepare or practice making your meals at home before you go on your trip.

Okay! Preparing at home before you go is always a good idea, especially when it comes to food.

A bandana can be used to strain food particles from wastewater.

Okay! Catching food particles in a bandana allows the food particles to be thrown away while the water is dispursed.

With left-over food, you should strain out the chunks and pack them out.

Okay! Straining out the chunks of food first will help make the cleaning process much easier. Pack out the food when finished.

Buying food in bulk is a great way to minimize packaging waste.

Okay! Purchasing food in bulk not only reduces packaging waste, but it is usually cheaper as well!

Repackaging food before you leave will reduce the amount of trash you have to deal with.

Okay! Repackaging food into different bags and containers can reduce the amount of trash that you will have to pack out while on your trip.

You can wash dishes right in the stream because soap is clean and won't impact water sources.

No Way... soap is a contaminant that will negatively impact a water source. This include biodegradable soap

It's a good idea to always have a campfire.

No Way... it could be a very bad idea to have a camp fire if there is a fire ban, draught conditions or no way to minimize fire impacts.

Repackaging food is a waste of time.

No way... while repackaging food may take some time, its value to reduce the amount of trash that you will pack out makes it worth someone's time.

Just leave your leftover food in camp.

No Way... leftover food would be consumed by animals and attract them to that area in the future, negatively impacting other people that come to camp at that site.

Store food in a bear resistant container in your tent.

No Way... while it is important to store food in a bear proof canister, you should never keep that canister in your tent. Animals can still smell food through the canister!

Canned food is a great food to bring backpacking.

No Way...canned food is heavy, doesn't often support the needs of a group, and produces a lot of heavy garbage that you will have to carry out.



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