To minimize food waste, try not to cook more food than you will eat.

A great way to minimize food waste is to prepare or practice making your meals at home before you go on your trip.

A bandana can be used to strain food particles from wastewater.

With left-over food, you should strain out the chucks and pack them out.

Okay! This is a great way to reduce food waste that you would have to otherwise pack out and throw away.

Okay! Preparing at home before you go is always a good idea, especially when it comes to food.

Okay! Catching food particles in a bandana allows the food particles to be thrown away easily.

Okay! Straining out the chunks of food first will help make the cleaning process much easier. Pack out the food when finished.

Okay! Repackaging food into different bags and containers can reduce the amount of trash you have to deal with.

Okay! Repackaging food into bulk not only reduces packaging waste, but it is usually cheaper as well.

Okay! Repackaging food in bulk not only reduces packaging waste, but it is usually cheaper as well.

Okay! Purchasing food in bulk is a great way to minimize packaging waste.

Buying food in bulk is a great way to minimize packaging waste.

It’s a good idea to always have a campfire.

No Way ... it could be a very bad idea to have a campfire if there is a fire ban, draught conditions or no way to minimize fire impacts.

No Way ... soap is a contaminent that will negatively impact water sources. This includes biodegradable soap.

You can wash dishes right in the stream because soap is clean and won’t impact water sources.

No Way ... it could be a very bad idea to have a campfire.

No Way ... leftover food would be consumed by animals and attract them to that area in the future, negatively impacting other people that come to camp at that site.

Just leave your leftover food in camp.

Canned food is a great food to bring backpacking.

No Way ... canned food is heavy, doesn’t often support the needs of a group, and produces a lot of heavy garbage that you will have to carry out.

Repackaging food is a waste of time.

Store food in a bear resistant container in your tent.

While it is important to store food out of reach, it is also important to store food in a bear resistant container in your tent.