

LEAVE NO TRACE MASTER EDUCATOR COURSE
March 2-6, 2019: Carvins Cove Reservoir
COURSE REGISTRATION AND INFORMATION

Course Registration

Thank you for your interest in participating in a Leave No Trace Master Educator course with the Appalachian Trail Conservancy (ATC). Please read over the contents of this information packet carefully and promptly return the following forms to the address below (keep the rest for your files):

- ATC Master Educator Course Application
- Appalachian Trail Conservancy's Acknowledgement of Risk, Release of Liability & Photo Release
- Appalachian Trail Conservancy's Confidential Medical & Health History Form
- The Leave No Trace Center's Course Participant Acknowledgement, Assumption of Risk, Release and Indemnity Agreement
- The Master Educator Teaching Session Information and Topic Form

The Appalachian Trail Conservancy requires payment in full at time of registration to secure your place on the course. If you have already submitted payment, just return the forms to complete your registration. If you have not yet enrolled in the course, send forms to the address below and contact Kathryn Herndon-Powell to arrange payment.

Send forms and contact for questions:

Kathryn Herndon-Powell
Appalachian Trail Conservancy Phone: 540-904-4316
416 Campbell Ave. SW, Suite 101
Roanoke, VA 24016 Email: kherndon@appalachiantrail.org

Cost: \$630 for Appalachian Trail Conservancy Members, \$580 for AT Trail Club Volunteers and agency partners, \$700 for non-members (Ask about becoming an ATC member with registration).

Course fee includes instruction, curriculum and teaching materials, a subscription to the Leave No Trace Tracker and a one-year Leave No Trace Individual Membership. Meals Day #1 lunch through Day #5 lunch, group equipment, and transportation during the course are also included. The group will spend the night in the backcountry on Days #2-4, but students are responsible for their own lodging on Day #1.

Partial scholarships are available through Leave No Trace Center for Outdoor Ethics - we encourage you to apply. Call 1-800-332-4100 or find the scholarship application on-line at www.LNT.org. You must first be registered in a course to apply for a scholarship.

REFUND POLICY: Reservations canceled more than 30 days in advance will receive a full refund. For reservations canceled within 14-30 days of the workshop or program, the refund is less 30 percent of the workshop fee. Reservations canceled less than 14 days in advance will forfeit the full amount. After the start of the program, no refund will be given to a participant leaving the program for any reason. In the event that the Appalachian Trail Conservancy must cancel a workshop, registrants will be notified and all course fees and deposits will be refunded.

Course Information

BEGINS:

March 2, 2019 8:00 am. Carvins Cove Natural Reservoir Cabin: 9590 Reservoir Road, Roanoke, VA 24019

ENDS:

March 6, 2019, 5 pm, Carvins Cove Natural Reservoir Cabin: 9590 Reservoir Road, Roanoke, VA 24019

DESCRIPTION: This five-day course is designed for individuals who are actively teaching others backcountry skills or providing recreation information to the public. The overall goal of the course is to train educators and others in ways to practice and teach Leave No Trace skills and ethics. Through classroom discussions, lectures, and a four-day camping trip, this course will cover the seven Leave No Trace principles and discuss wildland ethics, as well as give the participants the tools and techniques for disseminating these low-impact skills to other users of backcountry lands. Participants could include a mixture of federal agency partners, educators, outdoor retailers, youth group and outing club leaders, and other individuals. Upon completion of the course, you will be qualified to teach Leave No Trace Trainer courses. The Leave No Trace Master Educator qualification is recognized and valued throughout the outdoor industry.

We'll be backpacking for four days, three nights. We will be hiking only a couple of miles each day on moderate terrain to allow plenty of time to cover course material, which we will do both during the day and into the evenings. The terrain along our route varies greatly, so participants should be prepared for rocky, rugged and sometimes steep conditions. Participants should be in good physical condition and be able to hike with a full pack (about 40-55 pounds) for 3-5 miles per day.

CURRICULUM: A Leave No Trace Master Educator course emphasizes the skills and techniques essential to Leave No Trace minimum impact outdoor ethics and education. As stated in the Leave No Trace Disclaimer of liability, Leave No Trace courses do not teach basic travel, camping, or other outdoor skills, nor do they provide outdoor instructor certification. A Leave No Trace Master Educator course includes a minimum of four eight-hour days and at least three nights camping in the field.

Core Components for Master Educator course Curriculum

1. Review of the role of Leave No Trace Master Educator.
2. Discussion and practice of the principles and ethics of Leave No Trace.
3. Discussion of the Leave No Trace Trainer concept and Training Guidelines.
4. Overview of recreation ecology and types of resource and social impacts.
5. Discussion of Leave No Trace teaching skills and techniques, student learning styles, and development of lesson plans.
6. Development of a Leave No Trace action plan.
7. At least one student led teaching exercise by each participant.
8. Focus on interactive and hands-on field experiences.
9. Review of the mission and need for the Leave No Trace program.
10. A historical overview of the Leave No Trace program.
11. Discussion of the role, function, and administrative structure of the federal land management agencies' Leave No Trace programs.
12. Overview of the role, function, and administrative structure of the Leave No Trace Center for Outdoor Ethics.

TEACHING SESSION: The Leave No Trace Master Educator Course is the foundation of the national Leave No Trace education model. Graduates of the Master Educator course are expected to teach others, including agency personnel and the public, the principles of Leave No Trace. To better equip Master Educators to meet this expectation, each participant will teach at least one class in the field during their Master Educator Course. These classes provide hands-on learning experiences and the chance to practice Leave No Trace teaching strategies in a supportive, educational environment.

Upon completion of registration participants will receive the *Teaching Session Information* page; please read and respond accordingly.

SAFETY: As participant safety is a high priority for all Appalachian Trail Conservancy-sponsored events, procedures and policies have been developed to limit participant risk. Participants are expected to work with staff to reduce risks and make the experience successful for all. In case of an emergency, the Appalachian Trail Conservancy and City of Roanoke Parks and Recreation staff are trained in wilderness first aid, carry first aid kits, and follow a comprehensive Emergency Action Plan. The Appalachian Trail Conservancy uses radios or other communication devices – although these are not reliable in all locations and conditions. Despite such steps, participants should be aware that there are risks associated with outdoor adventure activities, including but not limited to cooking and camping chores, adverse weather and environmental conditions, remote locations of our trips, and transportation in vehicles or on foot. Please carefully read and sign both of the *Acknowledgement of Risk and Release of Liability* forms and call if you have any questions. Participants' understanding of these risks and adherence to our policies and procedures can contribute to making this experience extremely rewarding.

SCHEDULE OVERVIEW: Please note breakfast will not be provided on Day #1. On Day #1, we will meet at 8:00 am at 9590 Reservoir Rd. Roanoke, VA 24019 for a day primarily in the classroom. Lunch will be provided, but you will be on your own for dinner and lodging on Day #1. Breakfast Day #2 will be served at 8:00 and we will depart for our hiking trip shortly thereafter, with all meals and snacks provided through lunch on Day #5.

See below for parking information in the travel information section. You will be able to store anything you are not taking on the backpack trip in the cabin classroom.

ENVIRONMENT: Our Master Educator course will take place at Carvins Cove. The classroom portion will take place inside a log cabin with a classroom, full kitchen, and 2 bathrooms for our use. The backpacking portion will take place in Carvins Cove and the Appalachian Trail. Temperatures in early March could range from lows in the 20s to highs in the 70s, so please come prepared for a variety of weather conditions. We'll check the weather closer to the time of the course and keep everyone updated.

FACILITY: lodging details, what do they need, etc.

IN CASE OF EMERGENCY: A message can be left for you at Carvins Cove Boat Dock

TRAVEL INFORMATION: The class will be meeting at Carvins Cove Reservoir Cabin: 9590 Reservoir Road, Roanoke, 24019. **Directions from I-81:** Take exit 146 (Hollins). You will need to then get onto Rte 11 North towards Hollins. After getting onto Rte 11 North, go 1 mile then turn LEFT onto Reservoir Rd. This will be after the light at Hollins University, but before (and within sight of) the next traffic light at Shadwell. There is a gas station with a few stores in a strip mall on the right as well - the turn is prior to this landmark! Once on Reservoir Rd, you will follow it almost to the end. Our class will meet in the large cabin on the left before you enter the boat dock parking area.

Parking: Please park in the overflow/horse trailer parking area/gravel lot just past the entrance to the cabin on the right hand side. DO NOT park in the cabin driveway!!

Equipment Information

Always prepare for the worst weather and, more than likely, you'll be quite comfortable. When packing clothing for the course, think in terms of a layering system which includes moisture-wicking skin layers, warmth-holding insulating layers and wind/water-proof shell layers. With these layers in various

combinations, you will be warm and dry in most types of weather. Upon completion of registration you will receive the *Personal Equipment List* for specific suggestions on what to bring.

Group Gear: Certain gear is provided by the Appalachian Trail Conservancy for the use of all participants. These items may include: tents, flies, ground cloths, cooking stoves, pots, pans, cooking utensils, first aid kits, maps, trowels, and water purification items. You may bring your own tent if you would like to, but we may ask you to share a tent with other participants to minimize the number of tents in use.

